



*Ellen Tolle, RN, MPS*

Ellen Tolle is a Registered Nurse with a Master's degree in Health Care Administration. In 1984, she was instrumental in starting the first social day program for people with Alzheimer's and other dementias in Nassau County with funding from Nassau County Office for the Aging. Ellen continued as the Director of "The Club" until 2016. This program was structured to care for people at various stages of dementia in a safe, stimulating and respectful environment. Well aware of the impact this disease had on families, The Club provided support groups and continuing individual counseling for the caregivers.

Ellen now has her own consulting business, using her expertise to help family caregivers become more insightful, knowledgeable and successful in their caregiving role. She also provides training and consultation to home health agencies and long term care facilities utilizing her vast hands on experience providing dementia care. As an Adjunct Professor at Molloy College Ellen teaches a course called Alzheimer's Basics. She is also an instructor for the Alzheimer's Disease Resource Center teaching their 14 week Alzheimer's disease and Related Dementias course.

Ellen is a cofounder of the first Alzheimer's Long Island Chapter, incorporated in 1983, which was renamed the Alzheimer's Disease Resource Center (ADRC). She has authored many articles for *Activities Directors' Quarterly for Alzheimer's & Other Dementia Patients* and the *Journal of Gerontological Nursing* and is currently working on an article concerning caregiver denial.